LYMPHEDEMA SOLUTIONS

"Compression therapy is considered the gold standard for the treatment of lymphedema and for the treatment and prevention of VLUs. The medical literature supports appropriate compression as a means to reduce the incidence of costly recurrence of both of these afflictions" (Watts, 2015).*

◆ Day Wear ◆ Night Wear

Lymphedema											
Mild (Stage 0-I)	Moderate (Stage II)	Severe (Stage III)									
Swelling, tightness, leg heaviness, tingling in the affected extremity	Visible/Palpable skin changes, may exhibit "pitting" when pressed gently	Hard, scaly and enlarged extremi- ties, lymphorrhea (weeping) may be present on skin with risk of skin denudement									

◆ Da	y Wear 🔸 Nig	ght Wear			extremity	pressed gently	skin with risk of skin denudement
	Product		Description	Range of Strength (mmHg)			
	ЛЛ		Graduated compression	20–30	•	•	
		Secure	and high containment hybrid garment	30–40	•	•	
	, ,		, and gament	40–50	•	•	
		Coolflex®	Graduated compresssion with visual indicator of compression	20–30		• •	* *
			level; breathable mesh for cool and comfortable fit	30–40		• •	* *
			Graduated, short-stretch compression; each	20–30	* *	* *	
		Compreflex	garment includes Accutab [®]	30–40	• •	* *	
			compression measuring devices	40–50	* *	* *	
			Active, inelastic,	20–30	* *	* *	
3		Comprefit	graduated compression garment, providing high levels of	30–40	* *	* *	
had			containment	40-50	* *	* *	
			Short-stretch compression garment			* *	* *
3		Compreflex Reduce	used as a replacement for bandage	NA		* *	* *
			wrapping; garment is customizable and used throughout therapy			* *	* *
		Chiarala assa®	Open-cell foam chip garment, promotes fluid	20. 20			
		Chipsleeve®	movement and tissue softening, comfortable nightwear	20–30	•	•	•
	ЛЛ		Highly rigid garment;	20–30		• •	• •
		Medaform®	promotes lymph drainage and provides	30–40		* *	*
1110	JV JV		maximum containment	40–50		* *	• •

*Watts, C. (2015, June 22). Comments on Medicare Chronic Care Solutions [Letter to Orrin Hatch]. Mt. Laurel, New Jersey.

"Decongestive lymphatic therapy (DLT), which consists of compression, exercise, manual lymphatic therapy, and skin care, is the universally accepted basis of conservative treatment of lymphedema. Among its components, compression is the most important single measure which cannot be replaced by any other modality. (Stanley G. Rockson, 2018)" Stanley G. Rockson, B.-B. L. (2018). Lymphedema: A Concise Compendium of Theory and Practice (2nd ed.). (S. G. Byung-Boong Lee, Ed.) Switzerland: Springer International Publishing AG.

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SIGVARIS GROUP SOLUTIONS FOR LOWER EXTREMITY





CHRONIC VENOUS INSUFFICIENCY TREATMENT																						4				
	Medical compression is a firmly established treatment for venous and lymphatic conditions, as well as for venous symptoms in healthy people. Robust evidence is published regarding the use of medical compression stockings for management of venous symptoms, prevention and treatment of venous edema and management of venous ulcers (<i>Rabe et al., 2018</i>).*			Style Sheer Fashionable, sheer		Style Soft Opaque Graduated compression with lasting microfiber		Essential Cotton Breathable and durable supima cotton stockings		Essential Opaque From petite to plus, this garment offers the largest assortment		Style Microfiber & Style Microfiber Patterns			Secure			Compreflex®			Comprefit [®]					
												Soft and durable sock for everyday wear, neutral		and containment		nent	compression; each		each	Active, inelastic, gradient						
◆ Day Wear ◆ Night Wear			medical graduated compression hosiery		softness, advanced moisture management, and opaque colors		and socks designed for everyday wear		of sizes and styles of graduated compression stockings		and exciting colors and patterns for men and women		hybrid garment, most containing circular knit garments			garment offers Accutab [®] compression measuring devices		n	providing high levels of containment							
Available Compression Strengths (measured in mmHg)			15–20	20–30	30-40	15–20	20–30	30–40	20–30	30–40	20-30	30-40	15–20	20-30	30-40	20–30	30-40	40-50	20-30	30–40	40-50	20–30	30–40	40-50		
	CEAP	Classification**	Diagnosis	Aim of Compression																						
	CO		No visible or palpable signs of venous disease but high risk from pregnancy or hereditary disease	Prevention of swelling, heavy legs, tenderness, pain, and DVT	•			•							•									• •		
	C1		Telangiectasia or reticular veins (spider veins)	Prevention of swelling, heavy legs, tenderness and pain	•	•		•	•		•		•		•	•								• •		
ous Insufficiency	C2		Varicose Veins; distinguished from reticular veins by a diameter of 3mm or more, visible and/or palpable	Prevention of swelling, heavy legs, tenderness and pain	•	•	•	•	•	•	•	•	•	•	•	•	*	•	•	*	• •	• •		• •		
ic Venous Ins	С3		Edema	Edema reduction		•	•		•	•	•	•	•	•		•	•	•	•	*	• •	* *	• •	• •	• •	• •
Chronic Veno	C4		2 subclasses: a) pigmentation changes (hemosiderin staining) or eczema b) Lipodermatosclerosis or atrophie blanche	Prevention of ulceration		•	•		•	•	•	•	•	•		•	*	•	•	•	• •	* *	• •	• •	• •	• •
	C 5		Healed venous ulcer	Prevention of ulcer recurrence		•	•		•	•	•	•	•	•		•	•	•	•	•	• •	* *				

Accumulation of fluid, protein and other

elements in the tissue/interstitial spaces

Ulcer closure,

Reduction and

maintenance

of edema

pain relief

Active venous ulcer

C6

Phlebo-

Lymphedema

^{*}Rabe et al. Indications for medical compression stockings in venous and lymphatic disorders: An evidence-based consensus statement. Phlebology, 2018, Vol. 33(3) 163–184
**American Venous Forum International Ad Hoc Committee for the Revision of CEAP Classification, 2004